

From: [Cristo Salva](mailto:pat@cristosalva.org)
To: pat@cristosalva.org
Subject: FW: Serving Honduras since 1991 vol 7 no 1
Date: Monday, February 22, 2010 5:38:10 PM

From: Cristo Salva [mailto:pat@cristosalva.org]
Sent: Monday, February 22, 2010 4:46 PM
To: 'clinic@cristosalva.org'
Subject: Serving Honduras since 1991 vol 7 no 1



Winter 2010

Volume 7 Number 1

This is the newsletter for the ministry of Cristo Salva -- an ongoing, mission of mercy to Honduras, Central America. Founded in 1991 as a ministry of encouragement to the people of Honduras, Cristo Salva seeks to meet physical and spiritual needs through short-term missions.



Team week one



Team Week Two



Team Week Three

News from Honduras

OUR FAMILIES AND FRIENDS...

Again as we settle at home after returning from Honduras, we are humbled by His awesome power. God is working mightily among His people in this tiny country that struggles with daily living, but have great spirit.

Adelaida is healthy and getting out. We saw her several times in services, in the clinic, in her home and walking on the streets. She continues to minister to those around her and lead the children in the church. She celebrated her 91st birthday in January.

We are saddened to inform you that Fidelina, mother of Francesca on the farm, passed away on December 14th. Fidelina was a well loved and frequent visitor to our clinic.

Digna was ill during our time there, we were able to get her a referral to the Sula hospital and with daily injections was much better when we left. I am amazed at the dullness of the needles they give people for injections, they literally bounce off the skin. We substituted our own needs much to the relief of Digna!

We saw Noemi at church, she remains very busy with the Avon business. Yanzi's baby had the mumps while we were there. Maritza is again working with the youth in church, her baby growing more beautiful and healthy.

Arnold and Kenia have moved to San Pedro Sula to be near where Arnold is working. They are expecting their second baby. Please keep this little family in your prayers. Kenia had some health issues in the fall, but seems to be fine now.

Jazmin's family has recently moved back to the neighborhood behind the hardware store in Macuelizo. Jazmin has become an invaluable asset to the ministry as a translator. Many people live in this tiny home. We were able to have an early birthday party for baby Isa Maria, who turns 1 later this month. Doris, now 19 is growing into a beautiful young woman. She is a far cry from the tiny teenager who only looked 8 years old!

Reina and her family are doing great. They now have a corn grinder, and grind corn for profit. Reina says she hates the 6 AM shift, but they are making one to five lempiras per grinding. Reina's brother is now attending Nueva Vision in Macuelizo and will soon be baptized. David is growing like a weed, very talkative and active. Reina was able to join us most evenings for church and helped in the pharmacy as an assistant to Celia for several days.

Suyapa and Juan Carlos from the cemetery road have a beautiful baby boy. He was born in the hospital in San Pedro Sula. Margarita's daughter is pregnant and due soon. This her second pregnancy, she miscarried her first at 14. She is now 16.

Papa Luis Flores continues to need dialysis three times a week. Hermana Tina has had several bouts with breathing problems. Luis is now working at Canal 3 and has his own program in the afternoons. Yesinia and Carlos are working in the factories and living at home with Hermana Tina and Papa Luis.

Pastora Gladis is taking a break from her morning program to care for her mom, Miss Lidia. Miss Lidia continues to have health problems, but is in good spirits. Her smile lights up a room whenever you are around her. Pastora continues to pastor the church on the hill at the outskirts of Sula.

Daisy and Gregorio and family now have water to their home thanks to donations. The pipe had to run 280 feet. They are very thankful. The rest of the small barrio had water to their homes, only Daisy's did



Macuelizo newest Doctora and her husband Ishmael



Virginia at home



Partera education participants and "Sandra" our pregnant lady



The beauty of Honduras



Healthy children at the Laurels



not. They are now able to use the water for daily living and for their gardens.

The "Ladies of La Flecha's" souvenir shop is expanding. We are very thankful for their friendship and good deals they give the groups. Tony at Mercada Guamilito is also well, and has been supplying the beautiful Cristo Salva wooden bookmarks to team members.

School has started up again, and with the new season brings new fees. There will again be a charge for the colegio. We are starting a scholarship fund for education for the students. Look for more details up and coming on the webpage. We will try to fund the colegio with 200 lempiras (180 lempiras for registration and 20 lempiras for books) on a case by case basis.

A new nursing school has opened in Azacualpa with several of our helpers in the clinic now attending. We were able to offer two scholarships this last trip to Heidi and Carla. We were also able to send supplies over to the new school to help them with their clinical experience.

THE WORK CONTINUES....

We again worked in different areas during the three weeks. Week one although a primarily dental focus, team members also had the opportunity to visit in homes several days. Doctora Vickey and Shirley from the Lion's Club in San Pedro Sula joined the dental team for several days to help out. What an asset they were to the team. We visited the barrios around Sula near Pastora Gladis church and the road to the firecracker factory with food and school uniforms. One morning was spent visiting the little bilingual school (Morning Star Academy) in Sula. We also visited the children's home in Copan Ruinas on Saturday (update below), and had an opportunity to visit the large Mayan Ruins while there. We entertained the children in the park in Macuelizo on Sunday distributing Christmas shoeboxes. Urgent care medical needs were also provided in the clinic the first week, with several of the team getting involved in wound care cases and suturing.

Week two was a major medical focus with two mobile clinics, one in Las Varas and the other in La Flecha, and two days in our building. During the La Flecha clinic, several of us went out on a house call to treat an elderly couple. We offered an elderly woman a ride. As we drove up to her house we found a 99 year old woman who had fallen and crawled across the road, waiting for someone to find her and take care of her. Virginia was in pain, and wanted Jesus to take her because she felt the world was cruel. While taking care of her with wound care, prayer and encouragement, she told us the angels sent us to take care of her. She is truly a remarkable woman. Those not involved with the medical team were back in Sula with food and words of encouragement and prayer. Saturday we visited the mini Ruins at El Puente and the Laurels with food and supplies. Omar, a young boy there, had a badly infected hand. We treated him and gave him an injection, laced with a strong prayer for healing. When we returned the next week with more food, school supplies, uniforms and shoes, his hand was completely healed! Sunday was a day of visitations and a party at the House of Prayer for the children, with follow up of many more children in the park for popsicles. During the visitations, we again visited with Virginia who was healing well, and very excited to see us again, and other families in El Ciruelo. During one of the home visits, 12 people gave their lives to Jesus! Praise God!

Week two also brought Roger and Isa Espinosa to the team. Roger and Isa stayed at the Flores home in Sula. Isa spent most days working with the team in the clinics while Roger worked with the Canal in Quimistan. Roger and Luis were with us most nights at the services leading worship.

Week three brought more outreach teams. More barrios in Sula were visited, along with Vainilla and the cemetery road of Las Varas with food and encouragement. A young man, William in Vainilla accepted the Lord during a visit and came to church in Las Varas with his family on Sunday night! The children's home in Azacualpa was visited with clothing and snacks for the children, Maria and Linda brought the group to a very poor village on the outskirts of Azacualpa with many stick and adobe homes where clothing was distributed. The road behind the hardware store in Macuelizo was also visited with clothing. Although school had not started, the team visited the Green Wells school with school supplies and backpacks for the children. 180 school kits were given to the elementary school in Las Varas. While the outreach group was working, David and Pat and Carlos remained in the clinic treating urgent care patients in the morning and partera (midwife) education in the afternoon. (see below)

58 people made decisions during the 3 weeks in homes or clinic settings, 818 patients treated, 97 were dental patients. Thank you to all the teams who so willingly served.

Churches visited:

- Assembly in Macuelizo
- Church of God in Macuelizo
- House of Prayer in Macuelizo
- Pentecostal Church in Conchagua
- New Vision in Macuelizo
- Assembly in Las Varas
- Assembly in Casa Quemada
- Assembly in Sula
- Assembly in El Virrey
- Luis' church in Sula
- Sunday School in House of Prayer
- Sunday School at the Children's Home in Azacualpa

Pastors Ray, Stan, Robin, Frank and John rotated the preaching circuit over the three week period. They were also invaluable to us as not only support for our Honduran families, but for us as well! Thank you!! We also had the "Cristo Salva choir" under the direction of Dr. Don week one, Pastor Robin week two and Pastor Juan (John) week three. Our efforts were met with great enthusiasm from the church people!

COTTAGE INDUSTRIES

Cemetery road in Las Varas



School kits and backpacks at Green Wells



Ledy lending a helping hand at the clinic



Reading a tract



Tony and his uncle at Mercado Guamilito



Vickey and Shirley from the Lion's Club



Adelaida and Roger

Our cottage industries are going in full force. Jazmin and her mom again were able to make cards along with table runners. Arnold was also able to make quite a few barbed wire stars to sell. Arnold and Kenia will no longer make the stars due to their recent move to the city. The stars are now being made by Moisés Mata, nephew of Noemi.

VITAMIN AND DEWORMING PROGRAM

The micronutrient and deworming school based program is still progressing. School have been closed for the school break and were starting up as we prepared to return to the states. Bexa will resume the vitamin distribution, along with the deworming schedule. The schools in Azacualpa have truly been the models in the program with the addition of the gardens and dental health. New prometeras will be in position this year and we hope to meet them in April. Teresita will continue to work with the program assisting Bexa. We were also able to distribute vitamins through DOERS and Ellen Finn in Copan Ruinas for several small poor schools in the region. An article was just posted in Sight and Life Magazine regarding our program. You can read it here:

<http://www.vitaminangels.org/sites/default/files/Sight%20and%20Life%20Magazine%20-%20VA%20in%20Honduras.pdf>

CARE KITS DISTRIBUTIONS

We distributed school kits in January to the school age children at their schools. We still need more! We are now completely out of school kits. Please go to the website for directions on the care kits. We were able to supply many children with supplies this last trip and would like to continue. Please consider making kits for a project for your groups.

We are also out of baby kits. Thank you for all that have been making all of our kits. We used most of our safe delivery kits, handing them out to our parteras to use with home births.

We are low on personal care kits. These are nice items to give out to individuals in the children's homes.

PRENATAL CARE/WOMEN'S HEALTH

We had a VERY successful set of classes for our parteras (midwives). Part two will begin in April with a new set of classes to begin in July. We have had requests from remote mountain villages that want to come down and have training. We are also planning CPR certification classes in October. Words cannot express my appreciation for the help of everyone, if nothing else, prayers. Each class started with prayer and a devotional. Our last class Maria presented the plan of salvation. All are believers!

We had very traditional midwives who talk to the placenta using herbal treatments, to those trained in the capital and delivering babies in hospitals. We discussed traditions, myths, and sorted through them, those that were good and those that were dangerous. Everyone helped each other. We laughed we cried, we prayed and we learned from one another. We expected 4, and had 15 graduate part one. Only the seasoned midwives, Carlos, and nurses received the midwife bags, supplied by Direct Relief International (and we needed a couple more!) All received first aid kits, plus safe delivery kits that folks from our churches had made. We utilized literature from the WHO and from Donna Harris (American Association of Pro Life OBGYNs), and Dan Fountain who works with MAP International for the milk jug womb idea. Every participant also received a "button" from the American College of Nurse-Midwives (Listen to Women, in Spanish, of course!), and certificates of completion of Part One. We also discussed in detail prenatal and post natal care of the mother (including the need for prenatal vitamins) In April we plan to add HIV education (may be a separate class, many have expressed interest), along with literature provided by the CDC and CARE, *The Healthy Newborn*, plus info from the Book of Midwives. We want to educate more on the monitoring of BP's and weights during pregnancy. These women are very interested in monitoring the entire pregnancy, to get to know their mothers and identifying those that are at risk of complications so they can have alternative plans in place in case of problems. The goal is safe deliveries for moms and babies... we have only just begun. We'll keep you posted of our progress!

Life at the Farm

The new men's bathrooms are completed and functioning wonderfully!

We again had plumbing issues with the toilets inside the farmhouse. Large roots seem to thrive in our pipes, and quite a bit of labor was put into removing them and repairing our septic system.

We had electricity most of the time with a few periods of no power overnight. We have learned to adapt to those time periods.

Two days prior to the large earthquake in Haiti we experienced one on the farm leaving larger cracks near the old bathrooms. Repairs are scheduled in the near future.

Clinic Update

Not only are we a medical and dental clinic, we have become an educational and clinical resource for training local doctors and nurses. Doctora Vickey and Shirley from the Lion's Club in San Pedro Sula joined us with dental care. Carlos has started cross training in the dental rooms, along with Suyapa, Heidi and Carla working with the dental education during the first week. Suyapa, who is already a nurse was able to pick up more procedures this trip, along with newcomer Edith, a nurse from Macuelizo who wanted to come work with us for experience. The nurses brought translators, Josilyn, who came to translate in October brought Astrid. Astrid was able to present the plan of salvation to many of our clinic families, in such a wonderful way that many of them accepted Jesus! Josilyn also accepted Jesus into her heart this trip and took literature home to read to her mother. Week three brought Ester, a nursing student from El Virrey to work with us during our urgent care in the mornings and help set up for the partera classes in the afternoon.

There is a new doctora in Macuelizo! Ishmael and la doctora come from a village below Tegucigalpa. Dra. Trained in Cuba and is doing her residency in Macuelizo. They are newlyweds, and very happy to be in Macuelizo. They were able to come over one afternoon to work with us.

Doctor Carlos continues to be a large part of our work, he is a valuable asset to the Cristo Salva team.



Margarita



Happy mom in La Flecha



Baby Moses in his Moses basket



Dona Delsy



Dr. Carlos with his granddaughter with new examine table



Miguel David



Rob and Kasey with Ellen Finn

While we are away, Dr. Carlos continues to treat the poor families in the area. We are able to communicate with each other online and by phone for "patient conferences" enabling the best care by all of us. Carlos is also growing strong in the Lord and it is evident not only in his life but in his practice. Please continue to uphold him in prayer as he asks God's wisdom in the treatment of those that come to his door.

The women's/delivery room has been measured for cabinets to be installed in April. We have a new stainless steel cabinet in the ER that has given us a bit more cabinet and counter space.

We continue to need funding to complete the security wall around the clinic, gates and ground cover around the bodega. We will also be adding more shelving as money allows in the bodega and in the clinic. We need funding to help with the cost of the cabinets in our emergency room and delivery room.

If you would like to help financially with our building, please contact Pastor Ray for details at pray@cristosalva.org or by phone (305) 233-2885 (office) or (786) 402-9686 (cell).

WELL PROJECT UPDATE

We now have clean water both at the clinic and the farm! Pat N. no longer has to boil large pots of water for the dishes. What a blessing this is for us at the farm and the clinic! We are so thankful for those that had the vision that these two projects could be completed. The water was tested at the farm and is pure, just like the clinic! Praise God!

DOERS and KINDER FEEDING PROGRAM

Rob Turner and Kasey Smart from DOERS (Dominican Overseas Education and Relief Society) were in Honduras in January. Currently Rob is doing fund raising and Kasey is working on feeding programs for the region. Rob continues with plans to install more water filters along with the distribution of vitamins, prenatals and parasite meds. Please continue to pray for this small ministry that compliments and partners with us. This is an update from Rob and Kasey.

Hi,

I hope this reaches everyone well. Below is the story of one of our last days in Honduras that I thought I'd share. It was a good day--we maintained and set up programs that have potential. For anyone less interested in the details, or if you'd like pictures we have summarized posts on the website (www.doersmissions.org). The trip ended a bit prematurely but went well. We're safe in Idaho now.

Story of one of our last days in Honduras:

In the morning we met with our friends from Cristo Salva at the clinic in Macuelizo. We were given children's multivitamins, and deworming meds which we put into a duffel bag. These were destined for school children in Maya Chorti communities around Copan Ruinas. We had no car so we had to drag the duffel on to a series of chicken buses. It was raining rather hard so we'd stash the duffel somewhere dry while hailing buses and getting splashed by flying puddles.

We acquired a reed basket (like the one baby Moses was put in to escape from Pharaoh) for a newborn at an orphanage we try to help--the newborn's name is incidentally Moses. We continued our journey stopping at a market town to buy powdered milk. We found a good price and cleared the shelves. Along with the vitamins, and meds we now had 22 kilos of milk so the load was heavy.

Arriving in Copan we found Ellen Finn, another heroic soul devoted to helping others. We turned over the vitamins, medicine and fortified milk. The vitamins and antiparasitics are for a program in which school children get a vitamin every day, and have parasite infections treated twice a year. The program now reaches 7 communities!

The milk, as well as *pediasure*, fruit and purified water, are for a program that Kasey, Ellen and a teacher, Maria, are founding to provide lunches at a kindergarten. We call it '[Kinder Feeding Program](#).' It's particularly meaningful to me because the pilot project is taking place in a community that experienced malnutrition associated deaths when we visited it last July.

Next we walked to the orphanage to deliver the Moses basket, and give the director (Delsy) \$300 to help buy a hotdog cart so they can sell hotdogs and buy baby formula. It turns out that the \$300 was not enough to buy the cart. I'm not sure how that operation fits into our mission, but the orphanage doesn't have sufficient funding, and the hotdog cart would help. I guess we do what we can, don't give up and remember we're not alone:)

Then Kasey and I ate pizza and the day ended. It was a good day. The next days we tied up loose ends, and said goodbyes. Our trip ended early because of a bereavement in the family. Home safe now, and today (Feb. 9) is the first day of school in Honduras. Meaning today was the first day of our '[Kinder Feeding Program](#).' Also kids got their vitamins, and I pray for healthy mothers and babies, and less parasites, too.

Kindest of thanks to everyone for help, thoughts and prayers.

Warmest of regards,
Robert Turner
Dominican Overseas Education and Relief Society (DOERS)
P.O. Box 50331
Boise, ID 83705

Copan Ruinas Children's Home



Afternoon party at Adelaida's church



Working in the clinic



Cristo Salva choir



Jazmin and Isa Marie



Maria and Markus



Prayer with a family at clinic in La Flecha



Eagerly waiting for the feast!

Asociación de Cuidados Infantiles Hogar Angelitos Felices

We were able to visit the Hogar this trip, providing not only medicine clothing and supplies, but dental care as well! The little home is struggling but the children are healthy, the babies and children growing. She currently has 40 children, 10 under the age of one. Dona Delsy praises God for the help she is receiving to help this little home stay operational.

With all the small children, Delsy could use port-a-cribs. If you have a gently used small port a crib that you would like to donate, please let us know. Due to the ever changing population at the home, it is best for them that the cribs can be stored when not in use. We would love to bring them 10 cribs in April!

Prayers and Request

1. For the nation of Honduras.
2. For those that do not know Jesus. .
3. For the many ministries of Cristo Salva
4. For those that are planning to travel with us to Honduras during the 2010 trips.
5. Our ministries with Rob Turner, the children's home in Copan Ruinas, the Honduran Micronutrient Project and our prenatal project.
6. For the Flores family. Papa Luis continues to need dialysis. Tina has had several severe respiratory issues. Luis is working at Canal 3 with a youth program in the afternoon and has taken over many of the daily responsibilities of operating the station.
7. For the many families that are struggling just to survive.
8. For the education and training of local doctors, nurses, dental and midwives to ensure continuity of care while we are away.

Thank You

A special thank you to the following:

To all of you that contributed to the writing of this newsletter, English and Spanish.

To those of you that have taken on special projects to further the work in Honduras, from care kits, pill bottles, salvation bracelet projects, well projects, medical and dental pods, work and road crews, and donations.

To those who worked with us during our stay in Honduras.

To Maria, Markus and family for feeding and caring for us. Words are not enough to describe how dedicated their lives are to servant hood. We are humbled and grateful.

To Pat N. for her tireless hours in the kitchen and remaining on the farm while others are out serving in the villages. Hers is not a glamorous job, but it is a labor of love. We thank you tremendously for keeping us well fed and our food safe to eat.

To all the missionaries, doctors, nurses and agencies that have worked with us to keep the supply line open while we work in Honduras and return to the States.

To all of you that have gone, prayed and shown concern for the ministry of Cristo Salva.

How You Can Help Us

NEEDS LIST:

Minor projects:

Thank you for all that have been sending the over the counter meds. PLEASE continue!! We are very low on the following:

- Children's Tylenol (acetaminophen)
- Infant Tylenol
- Children's Motrin or Advil (ibuprofen)
- Adult Tylenol regular strength
- Baby aspirin
- Vaginal creams
- Toothbrushes
- Small tubes of toothpaste
- Care kits, all types! (baby, school, personal, and safe delivery)



School in Sula



Our pharmacists



Singing with the Dr. Carlos' granddaughter

Cristo Salva
c/o Oak Grove Church
11211 SW 102 Avenue
Miami, FL 33176

Phone:
(305) 233-2885

E-mail:
For newsletter:
pat@cristosalva.org
for trip information:
vignali@bellsouth.net
for general information about
Cristo Salva
pray@cristosalva.org

or
development@cristosalva.org
for clinic information:
clinic@cristosalva.org



- Port-a-cribs for Children's home in Copan Ruinas
- Spanish Bibles and New Testaments

Many of the above items can be purchased at the dollar stores. We are asking you to help with these crucial over the counter medicines as we help those that need care. If you are planning to serve with us in January, consider packing a few of these items in your luggage. If you plan to ship items, please plan accordingly. Many have chosen to send money instead with directions on what to purchase. Pastor Ray and the Oak Grove Church will be shopping for these items with the funds specifically designated for these meds. Team members will hand carry in their luggage if necessary.

Please send packages or checks to:

Cristo Salva (please designate if meds for Clinic, care kits, etc on outside of box)

11211 SW 102 Avenue, Miami, Florida 33176

Please be sure to mark the box or check "for clinic use".

Major projects:

1. More metal shelving for warehouse
2. Front and side walls for clinic property
3. Front gates for clinic
4. Iron works for side wall
5. Cabinets for the ER and women's/delivery room

DREAM LIST

If there is a project your group would like to help us with, here's a list of ideas:

1. Workshop for the farm
2. Farmhouse and chapel painted
3. Purchase of a building for a clinic in Las Varas
4. Sponsor for electric bill for clinic
5. Sponsor for shipping
6. Sponsor for internet access (approx. \$45 a month)
7. 2 inch Styrofoam to insulate ceilings in clinic (approx \$20 a sheet)
8. Touch up painting at the clinic
9. Old bathroom repair at the farm

Please contact Pastor Ray at pray@cristosalva.org if you are interested in any of the above projects.

2010 Opportunities for Ministry

Please register and apply on-line at our web site and also contact David Vignali vignali@bellsouth.net if you are interested in a trip with Cristo Salva. PLEASE do not take for granted that you will automatically be included. We need to hear from you! Many first timers are requesting slots, with many folks requesting to return. We have limited space available on some of our trips, so please before booking airline flights or before taking time off, check with David for trip availability.

There are one week and two week trips available.

2010 dates:

April 12-19th
April 19-26th (full)

July 12-19th
July 19-26th

October 11-18th
October 18-25th

Please visit our website at www.cristosalva.org for ways you can help us. For website information please email development@cristosalva.org.

If you have any questions regarding Care Kits, Diapers for Honduras, or medical team information, please contact Patricia Havener RN by phone: 207-475-7031, or email: pat@cristosalva.org or Pastor Ray Marco by phone (305) 233-2885 (office) or (786) 402-9686 (cell), or email: pray@cristosalva.org .

Please register and apply on-line at our web site and also contact David Vignali vignali@bellsouth.net if you are interested in an upcoming trip.

We are now on FACEBOOK! Check out our fan page, Cristo Salva or access it via our webpage.